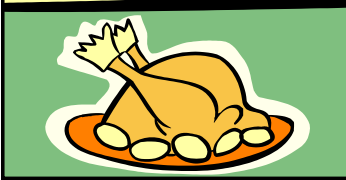




Monday	Tuesday	Wednesday	Thursday	Friday
<div></div>	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room	9:00 Balance & Mobility-Room 3-4 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 10:00 Adult Fitness-East/West Room 10:00 Frwy. Project Update-Dining Room 11:00 Health Talk: "Holiday Stress"-Dining Room 11:45 Lunch 12:00 Mexican Train Dominos-Room 10 12:30 Beginning Adult Fitness-E/W Room 12:45 Bingo Santa Ysabel trip	7:30 Chess-Room 5 8:30 ESL-Room B 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	8:30 Tai Chi-East/West Room 9:00 S.C.A.T. Meeting 9:00 Yarn Spinners-Room 1 9:00 Legal Aid-by appointment 9:15 Movie: "Woman of the Year" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch W.O.W. Bus Trip to Trader Joe's
9:00 Balance & Mobility-Room 3-4 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 10:00 Commission On Aging 10:00 Mah Jongg-Room 5 10:00 Adult Fitness-Room A/B 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing-Room 5 12:30 Beginning Adult Fitness-Room 3-4 12:45 Bingo 1:00 Beginning Computer-Room 11 1:30 Intro. To Dance Aerobics	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room	8:00 Commodities-Room 5 8:30 FLU SHOTS 9:00 Balance & Mobility-Room 3-4 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 10:00 O.C.F.A. Talk: "Emergency Preparedness" 10:00 Adult Fitness-E/W Room 11:45 Lunch 12:30 Beginning Adult Fitness-E/W Room 12:30 Bunco-Room 10 12:45 Bingo	7:30 Chess-Room 5 8:30 ESL-Room B 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:45 Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 3:00 Dance Aerobics 2/3-East/West Room	8:30 Tai Chi-East/West Room 9:00 Yarn Spinners-Room 1 9:15 Movie: "If Only" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Podiatrist 11:30 Lunch Open 8:00 AM-1:00 PM
9:00 Balance & Mobility-Room 3-4 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 10:00 Hi-Cap by appointment 10:00 Mah Jongg-Room 5 10:00 Adult Fitness-Room A/B 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing-Room 5 12:30 Beginning Adult Fitness-Room 3-4 12:45 Bingo 1:30 Intro. to Dance Aerobics	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:30 Stretch and Flex-East/West Room 10:00 Attorney-by appointment 10:45 Low Impact Aerobics 2-E/W Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room	8:00 Preventive Health 9:00 Balance & Mobility-E/W Room 9:00 Yarn Spinners-Room 1 10:00 Adult Fitness-E/W Room 11:00 Thanksgiving Celebration-DR 12:00 Mexican Train Dominos-Room 10 12:30 Beginning Adult Fitness-East/West Room 12:30 Diabetes Support Group-Room A 12:45 Bingo	7:00Chess-Room 5 8:30 ESL-Room B 9:00 Blood Pressure-Room 11 9:00 Crafts-Room 1 9:00 Longevity Stick 9:00 Dance Aerobics 2-East/West Room 10:30 Dance Aerobics 3-East/West Room 11:00 Birthday Lunch 12:15 Bridge-Room 10 12:45 Dance Aerobics 4-East/West Room 1:00 SILENT AUCTION ENDS PROMPTLY AT 1:00 p.m. 3:00 Dance Aerobics 2/3-East/West Room	8:30 Tai Chi-A/B Room 9:00 Yarn Spinners-Room 1 9:15 Movie: "Country Strong" 9:30-11:15 Morning Bingo 9:30 Sudoku-Room 5 11:30 Lunch Last Day to order Sez's Candies
FALL SILENT AUCTION: November 15 th -17 th				
9:00 Balance & Mobility-Room 3-4 9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 10:00 Mah Jongg-Room 5 10:00 Adult Fitness-Room A/B 11:45 Lunch 12:15 Bridge-Room 10 12:30 Life Story Writing-Room 5-Last Class 12:30 Beginning Adult Fitness-Room 3/4 12:45 Bingo 1:00 Beginning Computer-Room 11	7:30 Chess Club-Room 1 8:30 ESL-Room B 11:45 Lunch	9:00 Balance & Mobility-Room 3-4 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 10:00 Adult Fitness-East/West Room 11:00 Thanksgiving Brunch 12:00-1:45 Bingo 12:30 Beginning Adult Fitness-Room 3-4 12:30 Bunco-Room 10	<div></div>	25
Trip to Pala	NO HUNTINGTON BEACH ADULT SCHOOL CLASSES THIS WEEK		CLOSED for THANKSGIVING	
9:00 Yarn Spinners-Room 1 9:00 Longevity Stick 9:00 Needlework-Room 10 9:00 Intermediate Computer-Room 11 9:00 Balance & Mobility-Room 3/4 10:00 Mah Jongg-Room 5 10:00 Adult Fitness-Room 3/4 11:45 Lunch 12:15 Bridge-Room 10 12:30 Beginning Adult Fitness-Room 3-4 12:45 Bingo 1:30 Intro. To Dance Aerobics	7:30 Chess Club-Room 1 8:30 ESL-Room B 9:30 Stretch and Flex-East/West Room 10:45 Low Impact Aerobics 2-East Room 11:45 Lunch 12:45 Dance Aerobics 4-East/West Room	9:00 Balance & Mobility-Room 3-4 9:00 Yarn Spinners-Room 1 9:00 Beginning Computer-Room 11 10:00 Adult Fitness-E/W Room 11:45 Lunch 12:00 Mexican Train Dominos-Room 10 12:30 Beginning Adult Fitness-East/West Room 12:45 Bingo	<div>NOVEMBER 2011</div> <div>Note: All dates, times and locations on this calendar are subject to change. Not all activities may be listed</div>	
*Holiday Craft Fair in Lobby 9:00 a.m.-1:00 p.m. November 28 th through December 2 nd *				